

TR-1: Notifications of Major Interests in Shares

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| 1. Identity of the issuer or the underlying issuer of existing shares to which voting rights are attached: | W. H. Ireland Group plc |
| 2. Reason for notification (yes/no) | |
| An acquisition or disposal of voting rights | Yes |
| An acquisition or disposal of financial instruments which may result in the acquisition of shares already issued to which voting rights are attached | |
| An event changing the breakdown of voting rights | |
| Other (please specify): | |
| 3. Full name of person(s) subject to notification obligation: | Paul Anthony Bell |
| 4. Full name of shareholder(s) (if different from 3): | Fitel Nominees Limited |
| 5. Date of transaction (and date on which the threshold is crossed or reached if different): | 22/05/09 |
| 6. Date on which issuer notified: | 26/05/09 |
| 7. Threshold(s) that is/are crossed or reached: | 7%, 8% |

8: Notified Details
A: Voting rights attached to shares

| Class/type of shares If possible use ISIN code | Situation previous to the triggering transaction | | Resulting situation after the triggering transaction | | | | |
|---|--|-------------------------|--|-------------------------|----------|-----------------------------|----------|
| | Number of shares | Number of voting rights | Number of shares | Number of voting rights | | Percentage of voting rights | |
| | | | | Direct | Indirect | Direct | Indirect |
| ORD GBP0.05 GB0009241885 | 1,415,743 | 1,415,743 | 1,862,061 | 1,862,061 | | 8.8 | |

B: Financial Instruments
Resulting situation after the triggering transaction

| Type of financial | Expiration date | Exercise/ conversion | No. of voting rights that may be acquired | Percentage of voting rights |
|-------------------|-----------------|----------------------|---|-----------------------------|
|-------------------|-----------------|----------------------|---|-----------------------------|

| instrument | | period/date | (if the instrument exercised/converted) | |
|------------|--|-------------|---|--|
| | | | | |

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|--------------------------------|------------------------------------|
| Total (A+B) | |
| Number of voting rights | Percentage of voting rights |
| 1,862,061 | 8.8 |

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| 9. Chain of controlled undertakings through which the voting rights and /or the financial instruments are effectively held, if applicable: |
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|---|--|
| Proxy Voting: | |
| 10. Name of proxy holder: | |
| 11. Number of voting rights proxy holder will cease to hold: | |
| 12. Date on which proxy holder will cease to hold voting rights: | |

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| 13. Additional information: | |
| 14 Contact name: | ANTHONY E. LAPPIN |
| 15. Contact telephone name: | 0161 819 8881 |